



Utah Physicians for a Healthy Environment

Wood Burning

Burning wood for heat....**Is not what we think**



- Depending on the type of wood and fireplace, burning 10lbs of wood can emit the same amount of toxins as 6,000 packs of cigarettes.
- **Wood smoke pollutes the place where we spend most of our lives – at home.**
- Smoke is smoke. Tobacco or wood, it's all deadly. We don't allow people to blow cigarette smoke into our faces, so why would we allow wood smoke to infiltrate our homes?
- **Wood smoke is local. Most homes draw in outside air for furnace combustion. If your neighbor(s) is burning wood, you don't get the benefits of a "green" day.**
- The very small size of wood smoke particles make them seven times more likely to be inhaled into the body than other types of particulates.

Learn more: <http://uphe.org/priority-issues/wood-burning/>

What YOU can do:

- **The Salt Lake County Health Department** has enacted some of the toughest wood burning restrictions in Utah. If you live in another county, contact your local health department and ask them to emulate what Salt Lake County has done.
- **If you have your own personal story** on the dangers of wood smoke, share it with us and your elected officials.
- **Join and support UPHE.** Go to www.uphe.org/ and sign up to be a member. You'll receive our newsletters, email updates, and 'take action' alerts. Your contribution enables UPHE to continue fighting for clean air. We NEVER share your information.
- **Follow us on Facebook** for up-to-date information and upcoming events: <https://www.facebook.com/utahphysiciansforhealthyenvironment/>
- **Let your voice be heard.** Watch for opportunities to participate, announced via our website, Facebook and email.

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We can't do this work without your help! Please consider making a donation today.